

Shrove Tuesday Pancake Feast

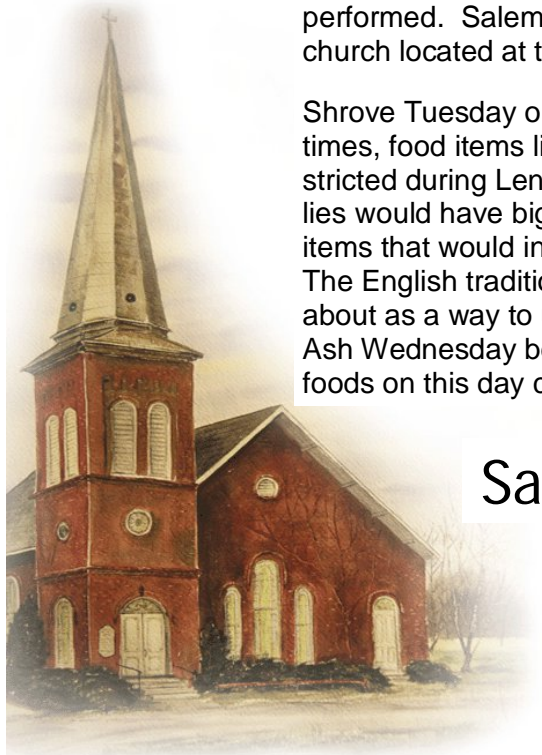
6:00 pm to 7:30 pm March 8

FREE (donations accepted)

Join **Salem Lutheran** as we kick-off a year-long celebration of **175 years** in Pike Township!

You're invited to a centuries-old tradition with menu items from Salem's German heritage. A free feast of pancakes, sausage and unique traditional food including "scrapple." Known as salon music, a sample of home entertainment from the earliest days of our congregation will be performed. Salem's founders began meeting in 1836 with the first church located at the current Salem cemetery at 62nd St. & Guion Rd.

Shrove Tuesday originated during the Middle Ages. As in contemporary times, food items like meats, fats, eggs, and milk were regarded as restricted during Lent. To keep such food from being wasted, many families would have big feasts on Shrove Tuesday in order to consume those items that would inevitably become spoiled during the next forty days. The English tradition of eating pancakes on Shrove Tuesday came about as a way to use as much milk, fats, and eggs as possible before Ash Wednesday began. In France, the consumption of all fats and fatty foods on this day coined the name "Fat Tuesday" or *Mardi Gras*.



Salem Lutheran Church

Celebrating

175 Years

1836 - 2011

4700 W. 72nd Street, Indianapolis 46268

www.salemELCA.com